



METROPOLITAN CAMPUS ATHLETIC TEAM CODE OF CONDUCT

Each TEAM player (coach, parent/guardian, and player) assumes a certain amount of responsibility when you agree to become a member of the Metropolitan Campus Athletic Program. This Code of Conduct has been established to clarify our team policies and rules. It assures that they are understood by all, and guarantees that no player will be treated differently from another. It is essential that 3 GROUPS (The Player, The Coach, and Parents/Guardians) of people understand and support the following rules and procedures.

TEAM RULES & POLICIES

- A. **Personal Appearance:** Team members will maintain an appropriate appearance at practice and on game days at all times. This includes:
1. **Tops:** *Practice* – must wear athletic t-shirt (sweatshirts and warm clothing for cold weather); Chest and naval area should covered at all times; *Game* – appropriate jersey tucked in
 2. **Shorts:** *Practice* – shorts (sweatpants and leggings for cold weather); *Game* – uniform shorts worn appropriately
- B. **Personal Belongings**
1. Each player is responsible for their equipment (sport specific) and personal belongings. Loss of any equipment or personal items should be reported to the coach immediately
 2. Each player is to treat all equipment with respect; no player will be allowed to throw or misuse team equipment and personal belongings. Failure to treat equipment properly will result in appropriate disciplinary action
 3. All personal belongings (phones, jewelry, wallet, backpack, and clothing) should be kept in the locker room during the entire duration of practice/home competitions and in an athletic bag during all competitions off school premises. All personal belongings should be kept in a **locked** locker/athletic bag and NOT be shared with any teammates or other individuals. Loss of any equipment or personal items should be reported to the coach immediately.
- C. **Attendance and Tardiness:** It is the obligation of each player to attend ALL practices, meetings, and games and to be on time. ***On time = being present, fully dressed, and ready to participate at the time indicated by the coach. If you are absent from school, you may not attend practice or game on that day. You will also be required to submit a letter from your parent or doctor to the main office of school to record your excused absence.*** If a player is found to be dishonest about any absence or lateness, they risk immediate suspension or dismissal from the team. No player will be allowed to dress for a competition following an unexcused absence from practice. If there is an unexplained absence from a competition, the player will not be allowed to dress for the following competition.
- The only acceptable reasons that a player should miss practice are:**
1. **Family Obligation-** Coaches are to be informed in advance whenever possible. Players are to provide written notification from parents the following day. Players will not be allowed to practice or play until written notification is provided.
 2. **Academic Extra Help, After School Help-** Coaches are to be notified in advance of any tutoring, homework help, Regents prep, SAT prep, or teacher meetings.
 3. **Injury or Illness-** You are expected to notify the coach in person, by phone or by email. You are still expected to attend practice and games when deemed appropriate, injury pending.
- In order to keep all lines of communication open between players and coaches note the following procedures:**
1. **Unexpected Absence from Practice:** If you are absent from school: a call, text, or e-mail MUST be placed to Coach. If you call and there is no answer, you must leave a message. Any communications must include a proper explanation of your absence.
 2. **Expected Absence or Lateness:** If you are going to be late or miss practice (example: extra help, doctors appointment) coach MUST be notified in writing by the player's guardians a minimum of 24 hours prior to the absence
 3. **Unexpected Lateness:** If you are late for practice for an unforeseeable reason, a note from either a teacher or a guardian must accompany your return to practice
- D. **School Behavior & Class Attendance:** Good school behavior and class attendance is a must. Players should lead by example within the school. Those players disciplined by school officials and as a result are late for or miss practice, will also face disciplinary action from the team. Continual disciplinary problems in school will result in player being dismissed from the team.
- E. **Team Respect:** Two major areas of concern-
1. **Interaction between teammates:** Each member of the team is equal. Hazing or treating any player in an inappropriate or disrespectful manner will not be tolerated. Interactions between teammates should be positive, encouraging, and supportive. *Interactions apply to social media outlets as well.*

2. **Interaction between players and coaches:** When coach is talking, no other player should be talking at the same time. If a player needs to address something of a personal nature, the player can contact coach at any time, day or night. Players can email and/or call the coach. Players should communicate with coach directly and not through other teammates about everything.

F. Profanity/Showboating/Taunting/Obscene Gestures

1. The use of profanity and derogatory comments will not be allowed by players, including social media outlets. Should an incident occur during a game or practice that embarrasses the team, opponent, referees, coaches, or players themselves, disciplinary actions will be taken.
2. No player on our team will be allowed to personally “highlight” or “taunt” any opponent in practice, scrimmages or games. This includes but is not limited to: finger pointing, staring, waving, dancing, or verbal taunting. Social media applies to this behavior as well. *Any act intentionally directed at any coach (including opposing coaches) or game official will result in immediate suspension from the team.*

- G. Alcohol/Drugs/Tobacco Use:** This program, in accordance with school policies, will not tolerate the use of any of these items. The Athletic Department & school policies will be followed in the event that any player is caught using these substances during the season, including showing up to games, practices, or meetings already under the influence of any drug or alcohol. Violation will also result in dismissal from team.

H. Disciplinary Actions (*Coach reserve the right to adjust penalties as necessary based on severity of the offense*)

The following are the disciplinary procedures in the event that the Code of Conduct is broken. If any Team Rule or policy is broken, the Head Coach reserves the right to dismiss the player from the team. Examples of typical scenarios are listed below; however these are subject to change:

1. 1st Offense= Explanation & Apology to Team/Coach/Opponent and Disciplinary Action (sent home for day)
2. 2nd Offense= Explanation & Apology to Team/ Coach/Opponent and Dismissal from practice or game (sent home for day and benched next game)
3. 3rd Offense= Dismissal from the team

I. Practice or Game Day Responsibilities

1. **Injuries:** It is the responsibility of each player to report to the coach any injury no matter how slight they may be. Players are required to attend practice even if they are physically unable to participate unless prohibited by a doctor’s note.
2. **Playing Time:** The coach will address issues involving playing time with the respective player only, not parents or any other teammate. We have an open door policy with players; they should not be afraid to speak up and ask how they can improve their performance. Parents should contact the coach in cases in which the players may be having a difficult time such as academics, problems at home, family commitment.
3. **Equipment Pick-Up/Return:** All teammates are responsible for the immediate attention to and active participation in setting up and cleaning up of equipment.
4. **Uniforms:** All players will be distributed and assigned a uniform. These items are school property. It must be returned by the end of the season in the same condition it was given in (this does not apply to uniforms bought by athletes). Please make sure to clean and wash appropriately. All uniforms should be washed in cold water- white and color separated in wash. Preferably to be air-dried or tumble-low heat to avoid shrinkage or damage to imprint. Other than exceptions made by the coaching staff, competition uniforms (bought or distributed by the school) shall NOT be worn to school during school day hours.
5. **Bench Decorum:** All players should be engaged in the game/competition, whether actively playing or on the sideline. All players should be watching the game, encouraging teammates, responding to Coach, and solely interacting with their teammates, team manager(s), and Coach. At **NO POINT** will anyone other than the players, coach, and team managers be allowed on the bench side before, during, or after the game- this includes but is not limited to Parents, Relatives, Friends, and Classmates

- J. Players Leaving the Team:** Players who cannot maintain the Code of Conduct will be required to leave the team. Players who decide to leave the team for personal reasons may leave at any time with the CONSENT of the coach (player must individually report their decision) and parent(s). Coach will communicate with parent(s) to ensure child is not going to be with team after school and should report to parent after school. In all cases it is the responsibility of the player to return any school equipment, including jerseys, to the coach immediately. It is also the responsibility of the player to pay for any team gear they committed to purchasing if order was placed prior to leaving the team.

Players & Parent / Guardian Signature: As a member of the Metropolitan Campus Athletic Program, I fully understand the conditions of the Code of Conduct administered by the players and coach in the program.

Coach’s Signature _____ Date _____

Player’s Signature _____ Date _____

Parent’s Signature _____ Date _____