

Metropolitan Campus Athletics Program

Athletic Director: Yesenia Tamayo (QMHS), ytamayo@queensmetro.com

Athletic Liaison: Shayna Priestley (MELS), spriestley@metropolitannels.com

Fall Sports: AUGUST - NOVEMBER:

*Girls Varsity Volleyball	Coach Faya	jfaya@queensmetro.com
*Girls JV Volleyball	Coach Stalford	kstalford@queensmetro.com
Girls Varsity Swimming	Coach Morales	smorales26@schools.nyc.gov
Boys Varsity Soccer	Coach Beach	ebeach@queensmetro.com
Girls Varsity Soccer	Coach Kopunek	skopunek@ps274x.org
Boys Cross Country	Coach Zaino Asst. Coach Matos	jlzaino@metropolitannels.com amatos12@schools.nyc.gov
Girls Cross Country	Coach Johnson	mjohnson57@schools.nyc.gov

****FALL SPORTS-** *Season begins in August:*

Please email the coach directly to get information regarding times, dates, and location of tryouts.

All students (including incoming freshmen) MUST have a MEDICAL AND PARENTAL CONSENT FORM completed and turned in PRIOR to trying out. NO EXCEPTIONS!

- You may tryout out for as many sports as you want BUT cannot be on more than one team per season.
 - Coach has right to deny tryout if past deadlines set by coach.
 - Only **ONE** Medical Form needs to be turned in per student
- A Parental Consent Form needs to be turned for **EACH** sport student is trying out for.

Winter Sports: NOVEMBER - FEBRUARY:

*Girls Varsity Basketball	Coach Tamayo	ytamayo@queensmetro.com
*Girls JV Basketball	Coach Freed	ifreed@queensmetro.com
*Boys Varsity Basketball	Coach Faya	jfaya@queensmetro.com
*Boys JV Basketball	Coach Hankerson	phankerson@metropolitannels.com
*Wrestling	Coach Stern	mstern@metropolitannels.com
Boys Indoor Track	Coach Zaino Asst. Coach Matos	jlzaino@metropolitannels.com amatos12@schools.nyc.gov
Girls Indoor Track	Coach Morales Asst. Coach Lucassi	smorales26@schools.nyc.gov coachlucassi@gmail.com

Spring Sports: MARCH - MAY:

Girls Varsity Softball	Coach DiLapi	cdilapi@metropolitannels.com
Boys Varsity Baseball	Coach Freed	ifreed@queensmetro.com
*Boys Varsity Volleyball	Coach Faya	jfaya@queensmetro.com
Boys Outdoor Track	Coach Matos	Amatos12@schools.nyc.gov
Girls Outdoor Track	Coach Morales	smorales26@schools.nyc.gov
*Co-Ed Stunt	Coach Lucassi	coachlucassi@gmail.com
Girls JV Soccer	Coach Stern	mstern@metropolitannels.com